'Child, Disrupted' returns to the Rheem Theatre for an encore presentation

Bv Derek Zemrak



Photo provided

2018 Best Short Subject Documentary at the California Independent Film Festival, returns for five encore screenings Nov. 3 (3 p.m., 5 p.m. and 7 p.m.) and Nov. 4 (5 p.m. and 7 p.m.). Filmmaker Krista Riihimaki will be in attendance and will conduct a question and answer sessions after each screening.

The 25-minute documentary explores the dangers of tablet usage among children. We've all seen it – children in restaurants staring at tablets, phones or other electronic devices for the entire meal, or parents handing their phone to a crying toddler in their stroller. It can be easy to judge the adults who make these choices, but are they really as bad as some say they are?

Riihimaki, a Montessori teacher and filmmaker, observed her students at increasingly younger ages spending large amounts of time tied to digital devices. She couldn't help but wonder whether there were any effects on their cognitive and physical development. Riihimaki would advise the parents of her students to limit device use, citing APA guidelines and Common-Sense Media, but she wanted to know just how much is technology overuse affecting children today?

In "Child, Disrupted," Riihimaki interviewed experts from the fields of neurological development, psychology, occupational therapy, sociology, and addiction, to reveal the truth behind her worries about screen time and child development. The film elucidates how time spent using technology specifically impacts children's behaviors and offers insight into how guardians can curb its influence while equipping children to develop healthy relationships with technology.

During the August film festival, "Child, Disrupted" sold out the middle upstairs theatre at the Rheem and it was moved to the main auditorium. It received rave reviews from the 250 attendees. Don't miss this second opportunity to see and discuss the film with the filmmaker

hild, Disrupted," the winner of the this weekend. Tickets for the movie and Q&A are \$12. Tickets are available online at www. lamorindatheatres.com and at the Rheem Theatre box office. It is recommended that you get vour tickets in advance. The screenings and Q&As will be hosted by Moraga resident Bill Brobeck.

> The following movies are starting this Friday at Lamorinda Theatres:

> "The Nutcracker and the Four Realms" (PG)

"Bohemian Rhapsody" (PG-13) (Orinda) "The Guilty" (R) (Orinda)

Upcoming events:

Rheem Theatre

Nov. 3 – 4 – "Child, Disrupted" screening and Q&A with filmmaker (CAIFF Best Short Subject Documentary Winner)

3, 5 and 7 p.m. on Nov 3; 5 and 7 p.m. Nov. 4 **Nov. 9 – 16** – "The Guilty" (International Film Showcase)

Nov. 17 – Magic Show with Timothy James (6 and 8 p.m.)

Nov. 23 – 30 - "Frank & Ava" (indie film about Frank Sinatra and Ava Gardner) Northern California Premiere Engagement

Dec. 1 – Psychotronix Film Festival **Dec. 8 – 9 – Three's Company Christmas**

Dec. 14 – 21 – "The Gold Seekers"

(International Film Showcase) **Orinda Theatre**

Nov. 8 Live at the Orinda Concert Series with Multi Grammy nominee, Maureen McGovern-7:30 p.m.

Nov. 8 Free Movie Night - "Deliverance"

Dec. 13 Free Movie Night – "A Christmas

Story" 6:30 p.m. **Dec. 16** Live at the Orinda Concert Series with two-time Tony Award nominee, Karen Help a Foster Child Get Back to Being a Kid. Nobody longs for a safe and loving family more than a child in foster care. As a CASA volunteer, you are empowered to help make this dream a reality. Check out our website to learn more. BECOME A CASA VOLUNTEER www.cccocasa.org 925-256-7284 ext. 7 volunteer@cccocasa.org



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Service Clubs Announcements

Lafayette Rotary Club

Step in on a Thursday and join us for our lunch meeting. hursday at noon Oakwood Athletic Club, 4000 Mt. Diablo Blvd., Lafayette.

November 1:

Dick Holt will recognize **Amy Stice** Founder of Arrive the donors of The Concert Ride Service (Transportation at the Res! service for Seniors)

> www.rotarylafayette.org www.facebook.com/Rotary-Club-of-Lafayette-CA





Breakfast, Friday 7:00 - 8:15 a.m. The Lafayette Park Hotel & Spa, 3287 Mt. Diablo Blvd., Lafayette, CA

November 8:

www.lamorindasunrise.com or email lamorindasunrise@gmail.com

NOVEMBER MEETINGS

- 2: Rotary member Steve Ware hosts an Alumni Reunion
- **9:** Rotary District 5160 Governor Jon Dwyer's annual visit.
- **16:** LMSR Pres. Chris Laszcz-Davis, Moraga Rotary Pres. Ron Mucovich and Past Pres. Dianne Wilson 30: Club member exposé
 - **Happy Thanksgiving**

Not to be missed



Not to be missed

OTHER ... continued

40th Annual Community Thanksgiving Breakfast will be held 7 to 8:30 a.m. on Friday, Nov. 16 at Our 1035 Carol Lane in Lafayette. Everyone is invited to come together to Sommerville, co-founder of Grateful Gatherings will be the keynote speaker. Tickets are \$25 per person and are available online at LafayetteChamber.org. Tickets will not be sold at the door.

Saint Mary's College Guild's Thanksgiving luncheon will be held from 11 a.m. to 2 p.m. on Thursday, Nov. 15 in the Soda Center on the Saint Mary's College campus. All are invited to attend. A traditional Thanksgiving meal with turkey, stuffing and all the trimmings will be available. Our speaker will be Dr. Mary Volmer, SMC faculty member and author of two books. Reservations should be sent to Carmen Hughes, 26 Inverleith Terrace, Moraga, CA 94556. Tickets are \$35. Questions may be directed to her at (925) 376-7365. All proceeds benefit Students seeking financial aid scholarships.

"The Old Yellow House" 100-year celebration of sustainable technology tours from 11 a.m. to 5 p.m. on Nov. 17. Join us in celebrating Charles Nelson family's 1918 sustainable living features preserved throughout the land of The Old Yellow House 1890, which has now been married with Biomimicry, a Geo/Solar systems integrated by at (925) 376-8474.

James Phillip Wright Architect's transformation. There will be no parking and shuttle service can be Lutheran Church.

Savior's Lutheran Church located at Women of Spirit is a monthly gathering of inclusive, curious women seeking connection, shared learning share in a breakfast. Donna Wright and growth with other women of diverse faith traditions. First 1/2 hour is social time, followed by a gathering to include a warm welcome, inspiring speakers, discussion at table groups, and warm group closing. The next meeting is from 7 to 9 p.m. on Nov. 27 at the Church of Jesus Christ of Latter-Day Saints, 3776 Vía Granada, Moraga. We are not affiliated with any religious institution, and are open to all. For more information, visit https://www.facebook.

com/womenofspiritlamorinda/

For the 21st year, Bobbie and Tom Preston will be holding the Cycle Recycle, collecting repairable bikes to be refurbished and given to charitable groups to distribute at Christmas. This year the recipient organizations include Oakland International High School's Earn-A-Bike program, Marsh Creek Detention Center, and Trips for Kids in Marin. New and/or used bikes and trikes in working order or repairable, or useable bike parts may be delivered to the side driveway of the Preston's home at 1307 Larch Avenue in Moraga, throughout the month of November only. No skateboards or plastic bikes please; no need to call beforehand, but for more information contact Bobbie or Tom Preston

POLITICAL GATHERINGS

taken from nearby Holy Shepherd Lamorinda Republican Women Federated's meeting will take place at 11:30 a.m. on Nov. 15 at the Orinda Country Club. Please join us to hear Allison Johnson discussing water conservation and the importance of Central Valley Farmers. Ms Johnson is the Co-President of the Saint Mary's College Republican Club. Cost: luncheon and speaker \$36; speaker only \$15; speaker only student discount price \$5. Reservations needed; please contact Elsie Euing at ejeuing@comcast.net or (925) 254-8614. For more information http:// www.lamorindarepublicanwomen.

GARDEN

Walnut Creek Garden Club meeting beginning at 9:45 a.m. on Nov. 12 at Heather Farm, 1540 Marchbanks Road, Walnut Creek. Program: Designer Barbara Gordon Holiday Designs. Barbara is a National Garden Clubs Master Flower Show Judge and a gardener. She will inspire us with creative and unique designs for decorating our homes during the holidays. 9:45 a.m. Business Meeting, 10:30 a.m. Social, 11 a.m. Program.

The Moraga Garden Club will hold their next meeting at 9:30 a.m., Thursday, Nov. 15, at the Holy Trinity Church, 1700 School Street, Moraga. The guest speaker will be Jenny Papka, who will discuss "Live Birds, Taxidermy, Artifacts and Fun." Interested parties are welcome to at-



tend the 9:30 a.m. social hour, the 10 Community Hall. Presentation: Sava.m. meeting and the presentation by Jenny Papka, immediately following the meeting.

The Montelindo Garden Club's **November** meeting will be at 9:30 a.m. on Friday, Nov. 16 at the Lafayette Library and Learning Center's

ing the Monarch Butterfly. Victoria "Tora" Roche, the former Park Supervisor for the City of Oakland until her retirement, is a champion of Monarch butterflies. She will speak about the alarming decline in their population and resulting local efforts to foster the development of Monarch caterpillars and to create habitat for Monarchs.

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